

|                         |                             | Total Calories | Fat (G) | Saturated Fat (G) | Trans Fat (G) | Cholesterol (Mg) | Carbs (G) | Sugar (G) | Sodium (Mg) | Fiber (G) | Protein (G) | Base Serving Size | Amount    |
|-------------------------|-----------------------------|----------------|---------|-------------------|---------------|------------------|-----------|-----------|-------------|-----------|-------------|-------------------|-----------|
| <b>2nd lunch Option</b> | Grab and go Bag             |                |         |                   |               |                  |           |           |             |           |             |                   |           |
|                         | Gold fish                   | 90             | 1.5g    | 0g                | 0g            | 0mg              | 16g       | 0g        | 200mg       | 1g        | 2g          | 1 package         | 1 package |
|                         | Cheese Stick                | 60             | 3.0g    | 2.0g              | 0g            | 10mg             | 0g        | 0g        | 200mg       | 0g        | 7g          | 1 each            |           |
|                         | Yogurt                      | 45             | .5g     | 0g                | 0g            | 5mg              | 8g        | 5g        | 30mg        | 0g        | 2g          | 1 each            |           |
| 4/1/25                  | Pancake Wrapped Corn Dog    | 190            | 10g     | 2.5g              | 0g            | 25mg             | 17g       | 4g        | 310mg       | 3g        | 7g          | 1 each            |           |
| 4/2/25                  | Chicken Tenders             | 260            | 15g     | 2.5g              | 0g            | 25mg             | 16g       | 1g        | 390mg       | 3g        | 15g         | 3 each            |           |
| 4/3/25                  | Grilled Cheese              | 180            | 12.5g   | 8g                | 0g            | 40mg             | 10g       | 2g        | 740mg       | 1g        | 10g         | 1 sandwich        |           |
| 4/4/25                  | Cheese stuffed Bread Sticks | 300            | 12g     | 4g                | 0g            | 20mg             | 32g       | 0g        | 460mg       | 2g        | 16g         | 1 each            |           |
|                         | Marinara sauce              | 200            | 6g      | 0g                | 0g            | 0mg              | 32g       | 20g       | 1560mg      | 0g        | 8g          | 2 oz              |           |
| 4/7/25                  | Popcorn Chicken             | 270            | 13g     | 3g                | 0g            | 70mg             | 20g       | 0g        | 640mg       | 3g        | 19g         | 10 each           |           |
|                         | BBQ Sauce                   | 60             | 0g      | 0g                | 0g            | 0g               | 14g       | 8g        | 450mg       | 0g        | 0g          | 1 oz              |           |
|                         | Rice                        | 340            | 3g      | 0g                | 0g            | 0mg              | 72g       | 0g        | 0mg         | 2g        | 8g          | 3 oz              |           |
| 4/8/25                  | Cheese Sauce                | 140            | 9g      | 0g                | 0g            | 0mg              | 12g       | 4g        | 1140mg      | 0g        | 2g          | 4oz               |           |
|                         | Corn Chips                  | 110            | 3g      | 0g                | 0g            | 0mg              | 19g       | 0g        | 95mg        | 2g        | 2g          | 1 each            |           |
| 4/9/25                  | Scrambled eggs              | 135            | 9g      | 3.0g              | 0g            | 0g               | 3g        | 0g        | 390mg       | 0g        | 9g          | 3oz               |           |
|                         | Sliced Cheese               | 40             | 3g      | 1.75g             | 0g            | 7.5g             | 1g        | .5g       | 140mg       | 0g        | 3.5g        | 1 each            |           |
|                         | Biscuit                     | 260            | 13g     | 8g                | 0g            | 0mg              | 30g       | 2g        | 660mg       | 1g        | 5g          | 1each             |           |
|                         | Tater tots                  | 130            | 7g      | 1.0g              | 0g            | 0mg              | 16g       | 1g        | 360mg       | 1g        | 1g          | 9 each            |           |
| 4/10/25                 | Mac and Cheese              | 300            | 12g     | 7g                | 0g            | 35mg             | 32g       | 8g        | 650mg       | 2g        | 15g         | 3oz               |           |
| 4/11/25                 | Cheese Pizza                | 260            | 8g      | 3.0g              | 0g            | 15mg             | 32g       | 4g        | 660mg       | 6g        | 15g         | 1 each            |           |
| 4/14/25                 | Chicken Patty               | 200            | 10g     | 2g                | 0g            | 35mg             | 13g       | 0g        | 400mg       | 2g        | 15g         | 1 each            |           |
|                         | Hamburger Bun               | 140            | 2g      | 0g                | 0g            | 0g               | 25g       | 3g        | 230mg       | 2g        | 6g          | 1 each            |           |
| 4/15/25                 | Cheese Pizza                | 260            | 8g      | 3.0g              | 0g            | 15mg             | 32g       | 4g        | 660mg       | 6g        | 15g         | 1 each            |           |
| 4/16/25                 | Burger Patty                | 180            | 13g     | 6g                | 1.0g          | 30mg             | 2g        | 0g        | 230mg       | 1g        | 12g         | 1 each            |           |
|                         | Hamburger Bun               | 140            | 2g      | 0g                | 0g            | 0g               | 25g       | 3g        | 230mg       | 2g        | 6g          | 1 each            |           |
|                         | Sliced Cheese               | 40             | 3g      | 1.75g             | 0g            | 7.5g             | 1g        | .5g       | 140mg       | 0g        | 3.5g        | 1 each            |           |
| 4/17/25                 | Turkey Hot Dog              | 150            | 9g      | 3g                | 0g            | 45mg             | 3g        | 1g        | 660mg       | 0g        | 7g          | 1 each            |           |
|                         | Hot Dog Bun                 | 150            | 2.5g    | 0g                | 0g            | 0g               | 27g       | 0g        | 270mg       | 3g        | 6g          | 1 each            |           |
| 4/21/25                 | Popcorn Chicken             | 270            | 13g     | 3g                | 0g            | 70mg             | 20g       | 0g        | 640mg       | 3g        | 19g         | 10 each           |           |
|                         | Rice                        | 340            | 3g      | 0g                | 0g            | 0mg              | 72g       | 0g        | 0mg         | 2g        | 8g          | 3 oz              |           |
| 4/22/25                 | Fries                       | 240            | 10g     | 1.50g             | 0g            | 0mg              | 37.5g     | 3g        | 344mg       | 3g        | 3g          | 6 each            |           |
|                         | Cheese Sauce                | 140            | 9g      | 0g                | 0g            | 0mg              | 12g       | 4g        | 1140mg      | 0g        | 2g          | 4oz               |           |
|                         | Gold Fish                   | 90             | 1.5g    | 0g                | 0g            | 0mg              | 16g       | 0g        | 200mg       | 1g        | 2g          | 1 package         |           |
| 4/23/25                 | French Toast Bites          | 253            | 16g     | 7g                | 0g            | 27mg             | 26g       | 9g        | 347mg       | 1g        | 2g          | 6 each            |           |
|                         | Turkey Sausage              | 70             | 3.5g    | 1.0g              | 0g            | 30mg             | 2g        | 1g        | 160mg       | 0g        | 7g          | 1 each            |           |
| 4/24/25                 | Pasta                       | 190            | 1.0g    | 0g                | 0g            | 0mg              | 41g       | 2g        | 0mg         | 4g        | 7g          | 2 oz              |           |
|                         | Alfredo sauce               | 180            | 12g     | 6.0g              | 0g            | 40mg             | 8g        | 6g        | 760mg       | 0g        | 12g         | 2oz               |           |
| 4/25/25                 | Cheey Pull apart Bread      | 300            | 13g     | 6g                | 0g            | 30mg             | 32g       | 5g        | 520mg       | 2g        | 14g         | 1 each            |           |
|                         | Pizza Sauce                 | 30             | 0g      | 0g                | 0g            | 0mg              | 6g        | 3g        | 90mg        | 0g        | 1g          | 2oz               |           |
| 4/28/25                 | Chicken Patty               | 200            | 10g     | 2g                | 0g            | 35mg             | 13g       | 0g        | 400mg       | 2g        | 15g         | 1 each            |           |
|                         | Hamburger Bun               | 140            | 2g      | 0g                | 0g            | 0g               | 25g       | 3g        | 230mg       | 2g        | 6g          | 1 each            |           |
| 4/29/25                 | Mini Calzone                | 320            | 11g     | 5g                | 0g            | 20mg             | 40g       | 6g        | 470mg       | 4g        | 17g         | 2 each            |           |
| 4/30/25                 | Mini Confetti Pancake       | 220            | 7       | 1                 |               |                  | 36        |           | 300         |           | 4           | 1 each            |           |
|                         | Turkey Sausage              | 70             | 3.5g    | 1.0g              | 0g            | 30mg             | 2g        | 1g        | 160mg       | 0g        | 7g          | 1 each            |           |